

Brigid Russell

Brigid Russell lives in Stirling and is a coach and leadership consultant working with people across public and third sectors.

She began her career in the NHS, and then spent ten years working as a management consultant. She worked as a leadership consultant in the national leadership unit within NHS Education for Scotland between 2008-2015. Brigid has run her own business as a coach and leadership consultant since 2015 (and practiced as an independent coach since 2006).



Between 2018 and 2022 she was the external partner for leadership development with Project Lift, the national approach to talent management and leadership development for health and care in Scotland.

She has recently started a Professional Doctorate on the Executive Doctorate in Organisational Change programme with HULT Ashridge. Her work is focused on researching relational approaches to leadership and community development.

She believes in a relational approach to coaching and development, and that's why she's so drawn to finding and creating more spaces for listening to each other, and having more open conversations.

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