



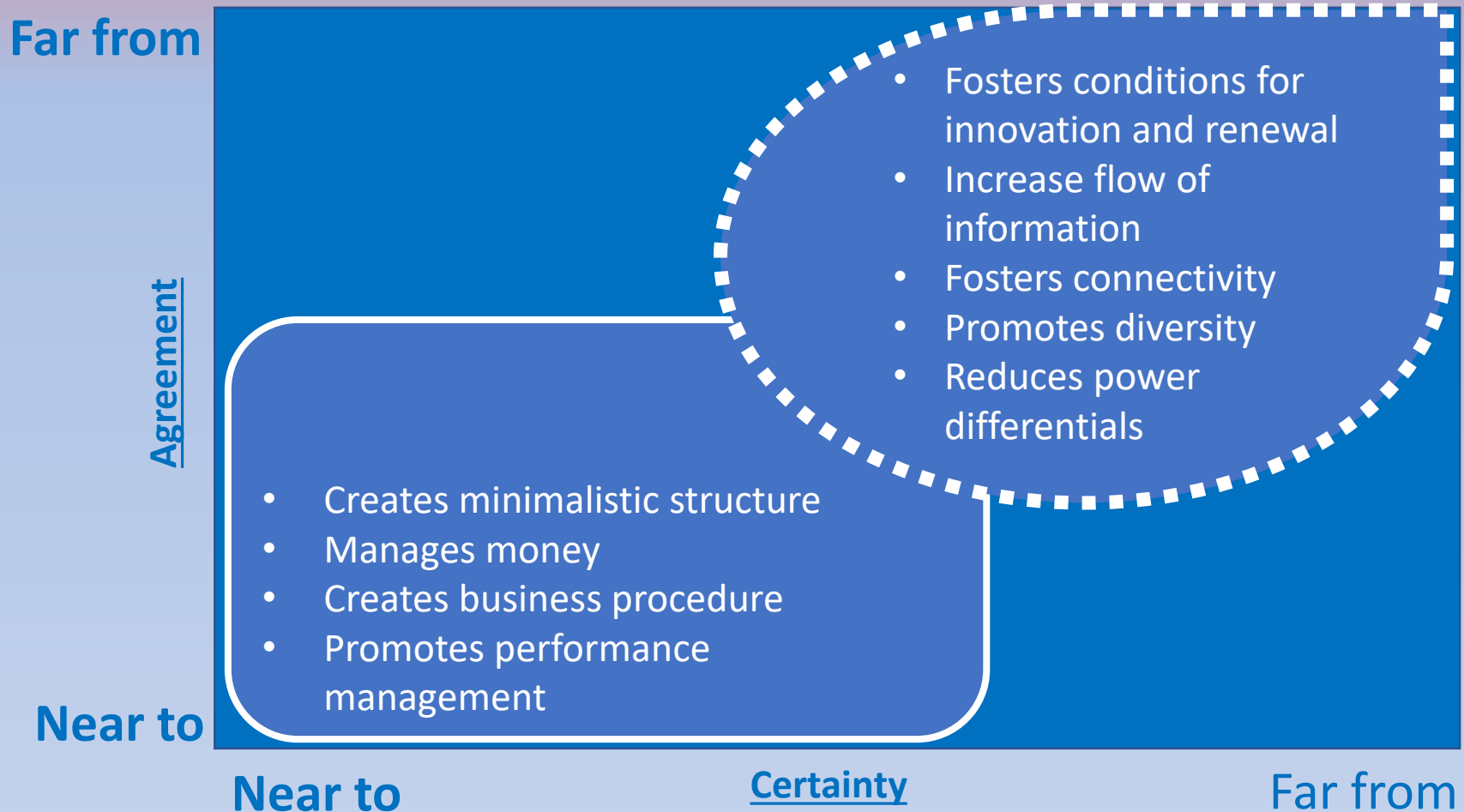
ON BECOMING  
[www.on-becoming.co.uk](http://www.on-becoming.co.uk)

# Medical Appraisal

Making the case for curiosity

**Enhancing performance through medical appraisal workshop**

# Performance

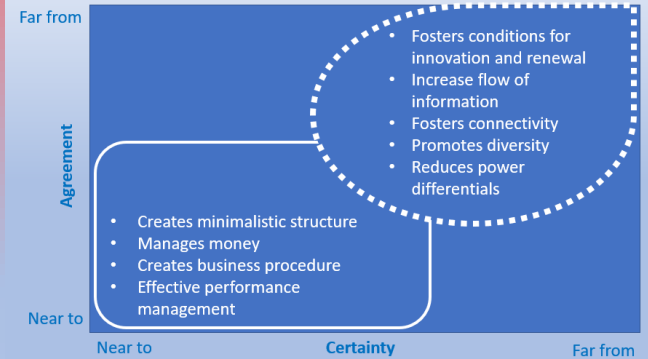


# Using levels of psychosocial understanding to explore performance from medical appraisal



# Conversational Intimacy Scale:

## Performance



S.T.O.P

Y.U. Us



0-40%

40-60%



Me / you



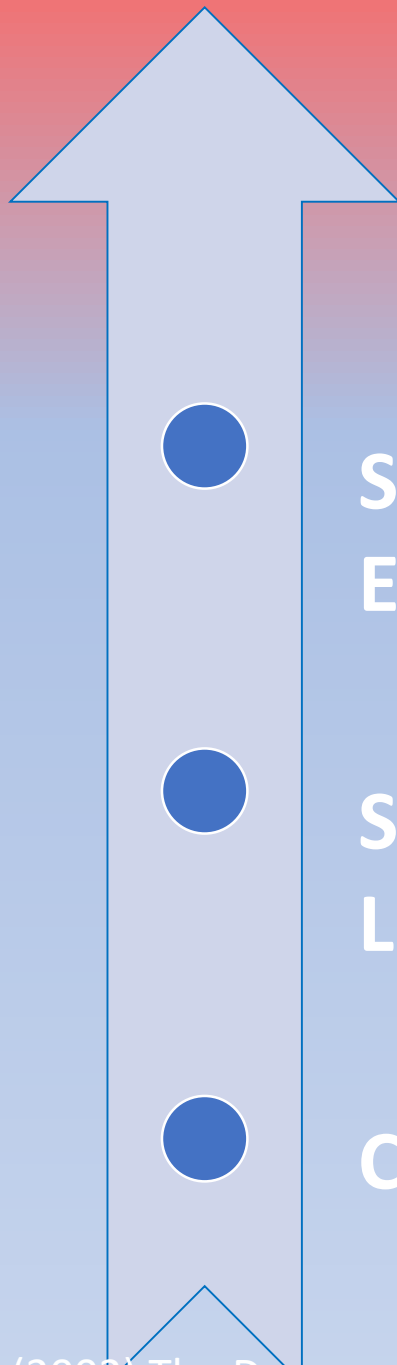
60-100%

I.M.

Interest  
Idea

Silence  
Topic  
Object  
Place

# Conversational Challenge Scale:

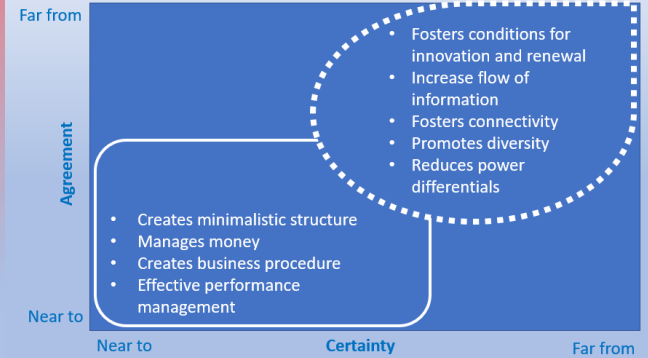


**Sentient  
Essence Level**

**Subconscious  
Level**

**Consensus Level**

## Performance



**Conversational Challenge Scale**

## **Unfolding Skills Using Blank Assess Q's:**

What is different now?

What else is capturing your attention at this moment?

What energy is here ?

How do you feel now?

What is trying to happen here?

What is next?

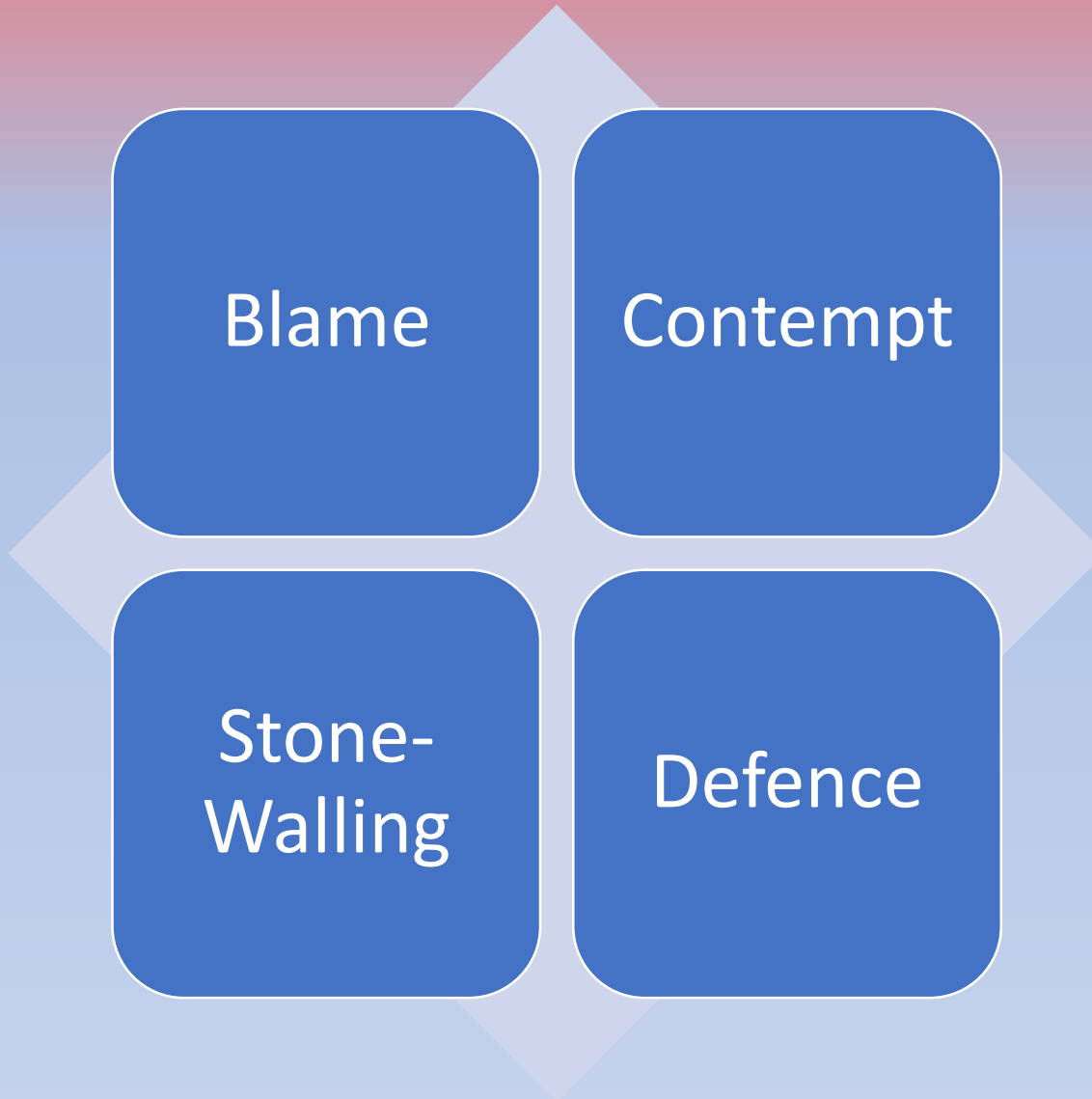
What is trying to catch your attention about this experience?

How might this experience be an ally for you?

How do you know you are having/learning .....?

**Conversational Intimacy Scale**

# Relationship Toxins



Gottman J. and Silver N. (1999): The Seven Principles for Making Marriage Work: Three Rivers Press.

# Having a go; conversational exercise

A coaching conversation on 'how I experience medical appraisal' (25 minutes)

Time Frame	Objective	Roles
0-6 minutes	Creating connectivity, sharing task identity, assigning roles	All
6-10 minutes	A coached conversation	Appraiser / Appraisee Observers Listen
10 -15 minutes	Sharing what was heard	Observers in conversation Appraiser/Appraisee Listen
15-20 minutes	Responding	Appraiser/ Appraisee share what they heard from the conversation
20-25 minutes	Sharing learning	All