# Refresher Appraiser Training: Programme

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| **AM Time** | **PM Time** | **Session** |
| **09:00** | **13:30** | **Welcome and Introduction** |
| 09:15 | 13:45 | Challenging appraisal situations |
| 10:00 | 14:30 | 10 minutes screen break |
| 10:10 | 14:40 | Discussion of appraiser skills |
| 11:00 | 15:30 | 10 minutes screen break |
| 11:10 | 15:40 | Review of simulated appraisals: plenary |
| 11:25 | 15:55 | Wellbeing approach to appraisal discussion |
| 12:10 | 16:40 | Ask Anything Plenary |
| **12:30** | **17:00** | **End of day 2** |